

# University of Mary Washington General Education Tracking Sheet

## Requirements

First-Year Seminar

Experiential Learning

Global Inquiry

Human Experience & Society

Quantitative Reasoning

Arts, Literature, & Performance

Natural Science

Foreign Language

Use this sheet to keep track of the courses you have taken that carry any General Education and/or Across-the-Curriculum (ATC) designations. Courses can be counted towards only one General Education requirement, but may fulfill both a General Education and an ATC requirement. Some courses may fulfill both Across-the-Curriculums.

## Across-the-Curriculum

Writing Intensive

Speaking Intensive

