



University of Mary Washington

Sport Clubs Individual Assumption of Risk and Release of Liability

Assumption of Risk – In consideration of participation in sport of a recognized Sport Club member at the University of Mary Washington, I voluntarily agree to assume all risks involved in participating on the sport and/or traveling to or from participation sites for the sport. I understand that supervision by University of Mary Washington staff is not provided and by participating in the above named sport. I expose myself to risk of injury including, but not limited to, temporary or permanent muscle soreness, sprains, strains, cuts, abrasions, bruises, ligament and/or cartilage damage, head, neck, or spinal injury, loss of use of arms and/or legs, eye damage, disfigurement, or even death. I also recognize that there are both foreseeable and unforeseeable risks of injury or death that may occur as a result of my participation in the above named sport that cannot be officially listed.

Release of Liability – I release the Commonwealth of Virginia, the Board of Visitors of the University of Mary Washington, the University of Mary Washington, and Associated Students of the University of Mary Washington, and the employees, agents or representatives of the University of Mary Washington (hereafter referred to as the university group) from any and all liability, claims, costs, expenses, injuries or losses including those resulting from acts of negligence by the university group that I may otherwise sustain as a result of my participation in the above named sport. My participation includes, but is not limited to, traveling to or from games, meets, tournaments or practices whether in private or University owned vehicles; training for participation in the sport; being coached in the sport by paid or volunteer coaches; and/or using equipment for the sport on or off the University of Mary Washington property.

I have carefully read this Assumption of Risk and Release of Liability and fully understand its contents. I am aware that this Assumption of Risk and Release of Liability is a contract between me and the university group and I sign it of my own free will.

Sport Club: _____ Year: _____

Participant Name: _____

Participant Signature: _____ Date: _____

Witness Name: _____ Date: _____

Signature of the Witness to the Signing of this Document: _____

If the signee is under the age of 18, parent or legal guardian must also sign:

NOTE: All participants are strongly encouraged to complete a health evaluation prior to any participation; to consult with their personal physician to determine appropriate fitness levels; to use good judgment concerning their ability to participate and their appropriate level of participation; and to carry medical insurance coverage. All participants with pre-existing conditions are encouraged to wear a medical alert bracelet or neck tag indicating the appropriate medical information. The University of Mary Washington and the Department of Campus Recreation do not carry insurance to cover patrons.

If you have any questions regarding the language or details of this document prior to signing, please contact Campus Recreation Director Mark Mermelstein at 540-654-1187.