

# CCPD Advising Season Tip Sheet



A quick guide to connect your advisees with professional development resources from the Center for Career and Professional Development

## Ask About Life After MW

- Many students don't know what resources and opportunities are available, or think professional development is only for seniors
- Students who engage early are better prepared for internship and job searches
- Encouragement from a trusted advisor can make a big difference!

## Quick Year-By-Year Nudges

- **First-Years and Sophomores:** Begin building a professional identity through resume, Handshake, Focus 2, and drop-in hours
- **Juniors:** Internship season is now – book a coaching appointment!
- **Seniors:** Jobs, grad school, post-grad planning... Meet with a career coach to identify the next step!

## Conversation Starters

- *“Have you given any thought to what you'd like to do after graduation?”*
- *“Are you thinking about internships this summer? Have you explored what's out there?”*
- *“Have you stopped by the Career Center? They have helpful resources for every year and major.”*
- *“What kinds of experiences do you want to have before you graduate?”*

## What CCPD Offers Students (Free, All Years, All Majors)

- One-on-one career coaching with Faculty and Industry Fellows (in-person or virtual)
- Resume and cover letter reviews
- Interview prep via Big Interview
- Internship & job search via Handshake
- Career self-assessments (Focus 2)
- Drop-in hours: Mon.-Fri., 9am-12pm, CRUC 206
- Life After Mary Wash Week events and Career & Internship Fairs each semester

## Key Resources to Share

- [Book an Appointment](#) – Schedule coaching via Handshake
- [Tools & Resources](#) – Handshake, Big Interview, Focus 2, Forage, Coursera & more
- [Professional Documents](#) – Resume, cover letter & LinkedIn guidance
- [Faculty & Industry Fellows](#) – One-on-one coaching from professionals
- [Student Resources by Year](#) – Year-by-year roadmap with recommended next steps