

Your facilitators

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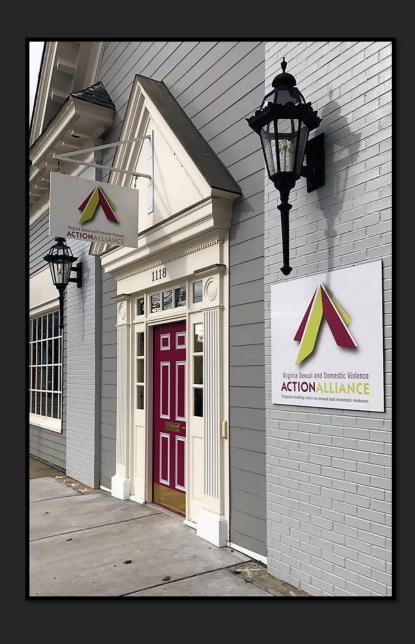


Virginia Sexual & Domestic Violence Action Alliance

We are a non-profit network of survivors, Sexual and Domestic Violence Agencies, and allies working to strengthen how communities across Virginia respond to and prevent sexual and intimate partner violence.

We seek a radically hopeful future and work to promote healthy relationships, create thriving communities, and build a more equitable world by centering racial justice, reproductive justice, and economic justice.





Virginia Sexual & Domestic Violence Action Alliance







TheRedFlagCampaign.org









Overview

- Intimate Partner Violence+
- Root Causes of Violence
- •Trauma-Informed Care
- •Primary Prevention Strategies
- •Closing





Intimate Partner/Domestic Violence

Domestic violence is a <u>pattern</u> of coercive, controlling <u>behavior</u> that can include physical abuse, emotional or psychological abuse, sexual abuse, or financial abuse.

(NNEDV)





Cycle of Abuse

- 1. Tension Building
- 2. Incident
- 3. Reconciliation
- 4. Calm



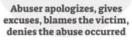








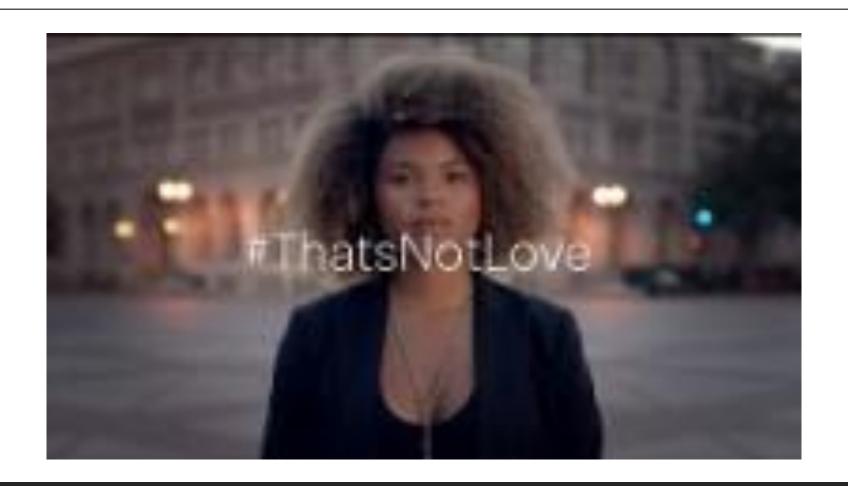




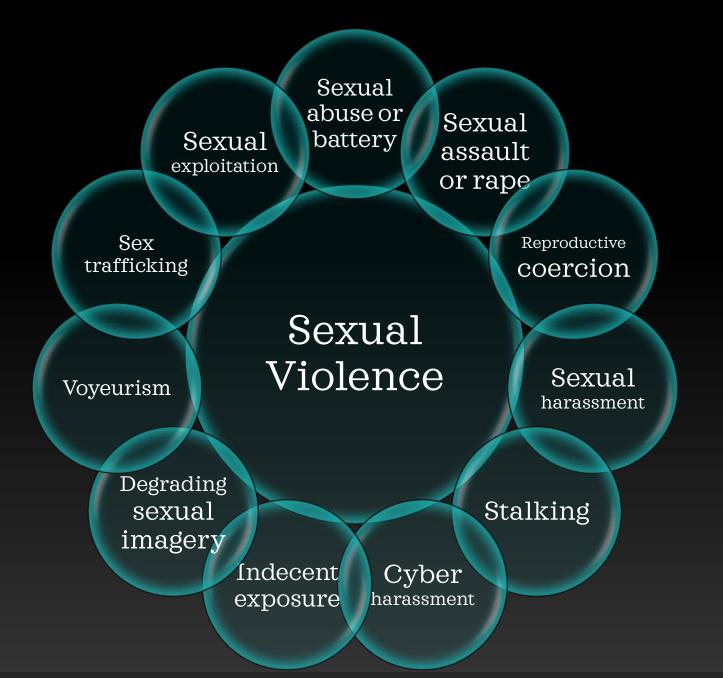




Escalation of Abuse







Intimate Partner Sexual Violence

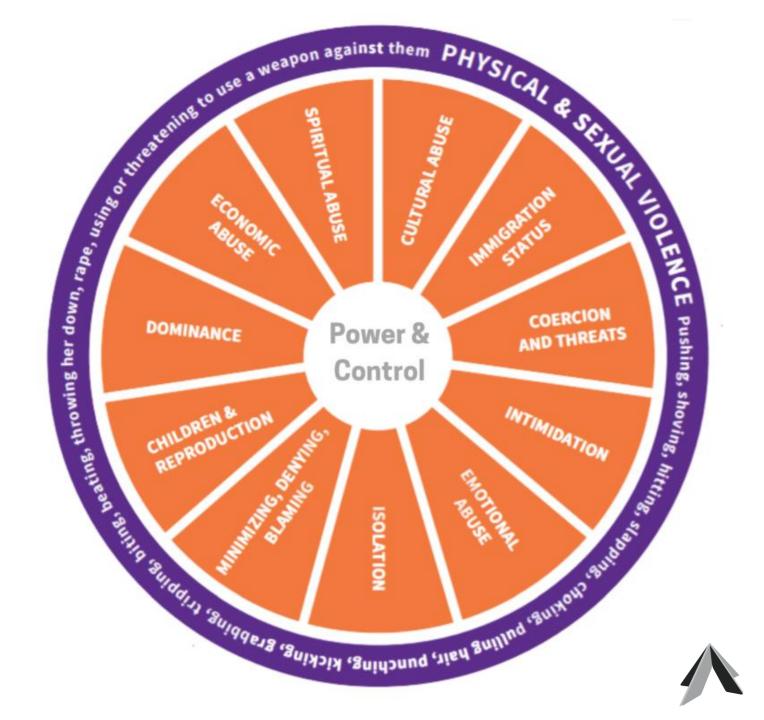


Continuum of violence Activity



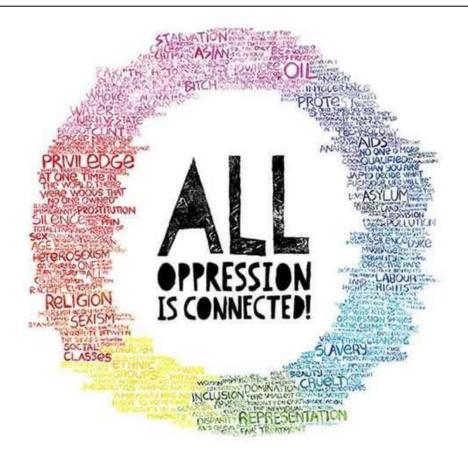
Power & Control







Oppression





Oppression

- Women 47%
- Youth 72% of women, 62% of men
- LGBQ+ 44% of lesbians, 61% of bisexual women
- Transgender women 2.5x, 4x
- Women of Color 64% multiracial, 58% American Indian / Alaska Native, 54% Black
- Men of Color 58% Black, 52% multiracial, 51% American Indian/Alaska Native





Oppression = power & control

Rape Culture

Risk and Protective Factors

Trauma



Virginia Sexual & Domestic Violence Action Alliance (www.vsdvalliance.org | info@vsdvalliance.org | 804.377.0335

RISK FACTORS

Risk factors are linked to a greater likelihood of IPV perpetration.



PROTECTIVE FACTORS

Protective factors may lessen the likelihood of IPV victimization or perpetration.

















Trauma

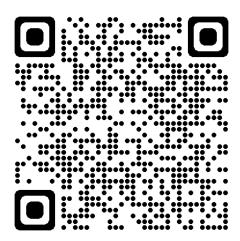


Trauma-Informed Response



TRAUMA = A NORMAL RESPONSE TO AN ABNORMAL EXPERIENCE

A trauma informed response, or trauma informed care, is an organizational structure and treatment framework that involves understanding, recognizing and responding to the effects of all types of trauma.







Primary Prevention is... and is not...

Upstream

PRIMARY PREVENTION

Changes conditions (laws, norms, rules) so that perpetration is less likely to happen. Strategies are designed to shift attitudes, behaviors, and norms that support and perpetuate the root causes of violence and to promote healthy behavior and communities.

RISK REDUCTION

Focuses on changing the behavior of the prospective victim by helping people "avoid" experiencing victimization. While individuals can make an investment in their personal safety, ultimately only perpetrators are in control of violence occurring. These strategies do not change the problem of violence and can sometimes reinforce victim-blaming attitudes.

SECONDARY PREVENTION

Occurs immediately following an instance of violence to reduce short-term harms.

Downstream

TERTIARY PREVENTION

Long-term responses to violence that aim to minimize lasting harms and promote resiliency, including ongoing support to survivors and ongoing accountability for perpetrators.

AWARENESS BUILDING

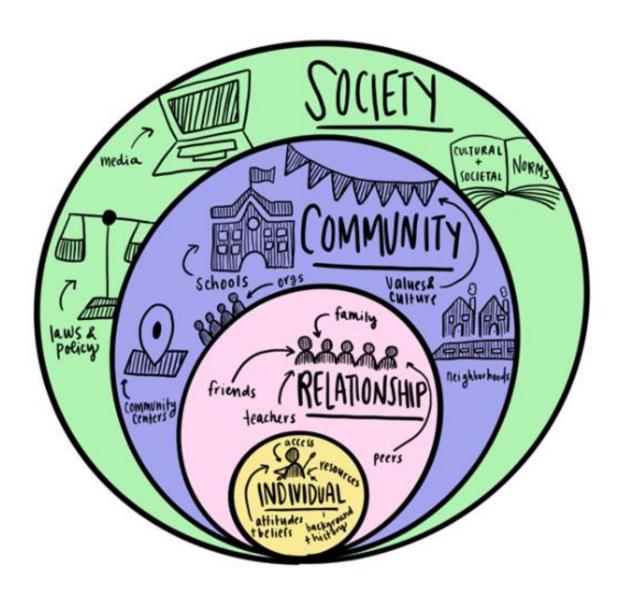
Increases people's understanding of sexual and domestic violence. These strategies provide definitions, highlight the services offered in a community, describe the impact of violence, provide a scope of the prevalence, give information on how to help survivors, outline reporting options, and so on.



Barriers to Primary Prevention on college campuses

- Staff new to the field
- 2. Staff turnover and sustainability
- 3. Taboo topics
- 4. Staff wearing many hats
- 5. Little support and silos
- 6. Prevention takes time!





Social-Ecological Model

A public health tool used to better understand and prevent violence.



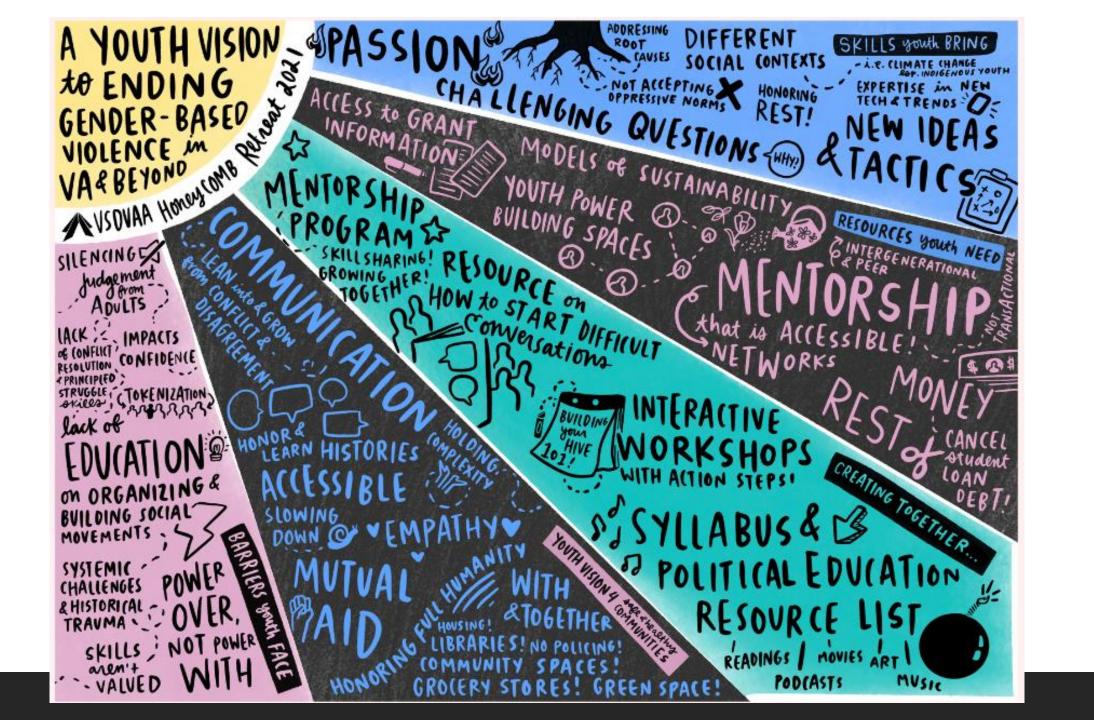
	Society	• Looks at the broad societal factors, such as health, economic, educational and social policies, that help create a climate in which violence is encouraged or inhibited and help to maintain economic or social inequalities between groups in society.
	Community	 Explores the settings, such as schools, workplaces, and neighborhoods, in which social relationships occur and seeks to identify the characteristics of these settings that are associated with becoming victims or perpetrators of violence.
	Relationship	 Examines close relationships that may increase the risk of experiencing violence as a victim or perpetrator. A person's closest social circle- peers, partners and family members-influences their behavior and contributes to their range of experience.
	Individual	 Identifies biological and personal history factors; such as age, education, income, substance use, or history of abuse, that increase the likelihood of becoming a victim or perpetrator of violence.



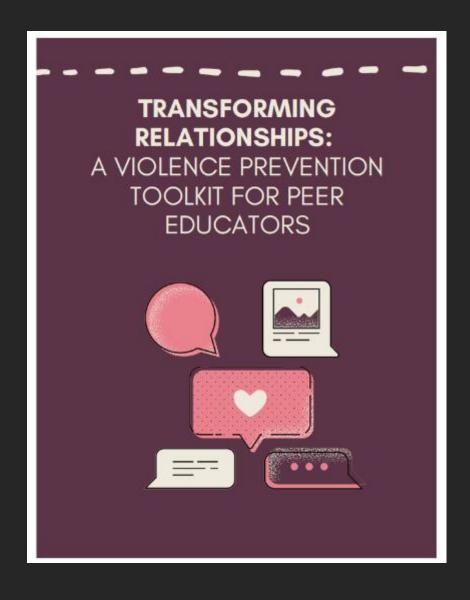
Prevention strategies across the S.E.M.

Activity









Transforming Relationships: A Violence

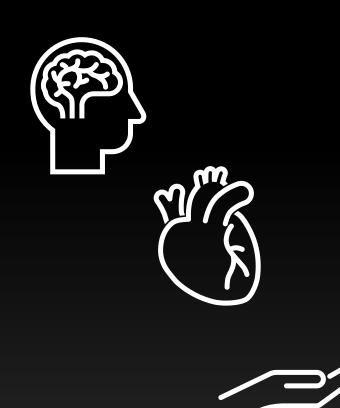
Prevention Toolkit for Peer Educators serves as a tool for young adults and supportive professional staff who want to cultivate safer thriving communities on their college campuses. The goal is to empower student leaders to use their knowledge and skills to make transformative change, which will aid their own development as well as pave the way for future classes of students to do the same. The toolkit dives into foundational knowledge, key frameworks, and activities for peer educators to use in their programming.





Closing

www.menti.com





Thank You!

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